

<h1>Bear Paw Press</h1>	Bear Creek Quilt Guild
	Volume 34 Issue 11 November 2024

The President's Message

Vicky Kidd
BCQG President

President's Message

My name is Vicky....and I'm a chocoholic. This is my story.

I believe that my addiction to chocolate is partly genetic. My mother shopped for groceries every two weeks. She felt that she deserved a reward for grocery shopping and bought herself a six-pack of Snickers candy bars. She brought her groceries home, unloaded, and put them away. She poured a big glass of Coca Cola with ice, brought her candy bars with her to the easy chair, and got comfortable. There is nothing abnormal about having a Coke and candy bar, however, my mom took it to the next 4 levels. When she got settled in her chair, she unwrapped her six-pack, took a swig of Coke and began her ritual that took place every two weeks. Yum! That first bite of candy was so delicious when washed down with a slosh of Coke. My mother savored each bite. Eventually, she had consumed 4 candy bars in one sitting! The last two she put in the freezer for my dad, who loved to eat them frozen.

When my grandmother hosted Thanksgiving or Christmas dinners at her house, she fixed what looked to me like a million pies! She fixed lemon pies, pumpkin pies, apple pies, cherry pies, and everyone's favorite CHOCOLATE PIES! Now here is the deal! It seemed like she baked the same amount of chocolate pies as she did each of the other kinds. There was always a mad dash to the chocolate pie as soon as it was time for pie. Everyone loved chocolate as much as I did. The only reason any of us ate the other pies was because we had no more chocolate! I always wondered why she didn't bake all chocolate pies, but she never did.

Although, I still love chocolate, I can't have it as much as I'd like. It seems that chocolate is laced with something that is not so good for us-sugar. I have to be careful how much chocolate I consume.

I love chocolate, Vicky I am!

I will always gobble brownies and fudge. Oh, how I love them! Please do not judge.

Give me chocolate cake with chocolate icing please. Chocolate pie with whipped cream is an absolute breeze!

Chocolate chip cookies are my dream. Please find me some Rocky Road ice cream!

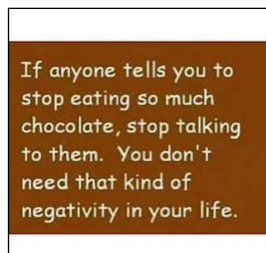
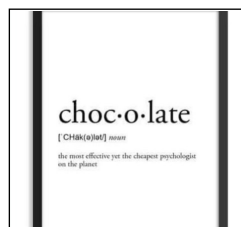
Pretzels in chocolate or a mocha latte-how divine! Any kind of chocolate-you are mine!

I'm so glad I found chocolate chips without guilt. Those sugar free morsels I enjoy as I quilt!

I love chocolate, Vicky I am!

Please excuse my attempt at a silly poem. It's ok if you laugh!

Make it sew, friends!



Meeting Location and Time

Bessie Mitchell House
411 Ball Street
Grapevine
Texas 76051

Guild meetings begin with social time from 6:30-7:00.
Meetings start at 7:00.

From the Kitchen of

Our Prez

Vicky Kidd
BCQG President

< Memories ⚙️

Pumpkin Chocolate Chip Cookies
Serves 48

A great pumpkin cookie.

Ingredients

- 1 cup unsalted butter - room temperature
- 3/4 cup canned pumpkin
- 1 cup light brown sugar
- 1/2 cup sugar
- 1 egg
- 1 tsp vanilla
- 1 tsp baking soda
- 1 tsp pumpkin pie spice
- 1 tsp salt
- 2 1/2 cups flour
- 2 cups chocolate chips

📄



< Memories ⚙️

Instructions

1. Preheat oven to 350
2. Line baking sheet with parchment paper
3. In the bowl of your stand mixer fitted with the paddle attachment, beat the butter and pumpkin until evenly combined, about 3-4 minutes
4. Add in both sugars and beat another minute or two
5. Add in egg, vanilla, baking soda, pumpkin pie spice & salt
6. Beat until smooth
7. Turn mixer on low and add in flour
8. Once combined fold in chocolate chips using a spatula
9. Drop rounded 3/4 tablespoons onto lined baking sheet and bake for 9-11 minutes, or until centers are set and edges are golden



November Elections

Here is the 2025 slate of officers as presented to the board. We will vote on these officers in November and install them at our December meeting.

2025-2026 Elected Officers

President—Shawn Frazier

1st Vice President—Nancy Carr

2nd Vice President—Kathi Runyan

Secretary—Chris Sizemore

Secretary Protem—Pam Roark

Treasurer—Kay Thomas

Past President—Vicky Kidd

2025-2026 Appointed Committee Chairs

Beekeeper—Pam Roark

Communication—Angela Hoss, Michelle Lewis

Door Prizes—Ginny North, Donna Reid

Hospitality—Linda McKinney

Magazine Checkout—Angela Hoss

Membership—Aleta Mayrose, Kathy Longo

New Member Liaison—Chris Currie

Newsletter—Doris Schjelderup

Opportunity Table—Doris Schjelderup

Outings/Retreats—Mona Levingston

Quilts of Valor—Beverly Douglas

Show and Tell—Betty Reisch

Sunshine—Linda McKinney

Web Master—Tom DeMoss

Workshops—Nancy Carr, Kathi Runyan

Bear Creek Quilt Guild
Board Zoom Meeting Minutes
October 1, 2024

President Vicky Kidd, opened the meeting at 6:32 pm on ZOOM with the following officers and members present: Vicky Kidd, Pam Roark, Beverly Douglas, Kathi Runyan, Kay Thomas, Nancy Carr, JoAnne Sheppard, Mary Nalley, Angela Hoss, Aletha Mayrose and Shawn Frazier. Vicky welcomed everyone. It was noted that August was the last time the board met. The August 2024 Board minutes were reviewed, motion to accept was made by Nancy Carr, seconded by Kay Thomas and passed.

Treasurer's Report: Kay Thomas reported for September 2024 an income of \$1,390.54, expenses of \$1,253.42 with a net income of \$137.12.

Old Business:

Dates to Remember- Quilt of Valor Presentation Nov 17.

2025 Budget- Kay Thomas presented the new budget. It was reviewed and discussion included changing the website budget to \$375 and rebalancing the budget. Beverly Douglas made a motion to accept the budget as amended for website costs, seconded by Nancy Carr. The amended budget passed.

New Business:

Proposed 2025 BCQG Officers- Vicky Kidd presented the slate of 2025 officers to be announced at the October Member's meeting and any additional nominees will be accepted from the floor at that time. The final slate will be voted on in the November Member's meeting and installed in December. The proposed 2025 Executive Board is:

President- Shawn Frazier
1st Vice President- Nancy Carr
2nd Vice President- Kathi Runyan
Secretary- Chris Sizemore
Secretary ProTem- Pam Roark
Treasurer- Kay Thomas
Past President- Vicky Kidd

November Meeting/Quilts of Valor- Beverly Douglas said there will be 6 presentations this November. It was suggested that we should cap the number of presentations to 6 because of building capacity of 80 people. There will be boutique items for sale at the meeting and Kay Thomas will bring the square reader for the sales. The Executive Board will be voted on after the QOV presentation..

December Meeting- Vicky Kidd suggested ordering pizza for this meeting instead of doing potluck. Members can bring their own drinks and some sort of dessert may be provided. This would simplify our night out by members not bringing food. It was suggested that a small fee of \$5.00 might also be charged for the meal. The idea was well received.

2025 Programs- Nancy Carr presented an extensive and interesting list of 2025 programs. She has all months filled except September and October. She needed a deposit to hold Cynthia England for January. Kathi Runyan is working on possibly getting Jill Finley whose specialty is applique. It was suggested that the fee for workshops may need to increase to help pay for speakers. A big thanks to Nancy and Kathi for all the work they have put into the 2025 programs.

Speakers- October's speaker is Ellyn Zinsmeister- Improvisational Quilting.

Committee Reports- None.

Meeting adjourned at 7:03pm.

Next Guild Member meeting: October 15, 2024, at 7:00pm, Speaker Ellyn Zinsmeister.

Next Guild Board meeting: November 5, 2024, at 6:30pm on Zoom.

Respectfully submitted by Pam Roark, BCQG Secretary ProTem

BCQG General Meeting, October 15th, 2024

- ***Reminded attendees to purchase door prize tickets for drawings.**
- ***Call to order** – at 7:00 PM by Vicky Kidd. Vicky welcomed members and guests and extended happy birthday wishes and thanks to October birthday celebrants for the evening snacks. Those with October birthdays stood for recognition
- ***September Minutes** – after discussion a motion to approve was made by Shawn Frazer, seconded by Ginny North and the motion to approve minutes passed.
- ***Treasurer's report**-Kay Thomas presented the September 2024 income of \$1,390.54 and expenses of \$1,253.42 for a net income of \$137.12. The 2025 Annual Budget, approved by the board, was presented. A motion to approve the budget was made by Beverly Douglas and seconded by Mary Nalley and the motion to approve the budget passed.
- ***Introduce new members**-no new members joined at this meeting. One visiting guest was introduced.
- ***New Business**
- ***2025 Officers Slate** - Vicky announced the slate of 2025 officers. There were no nominations from the floor. The board will vote to approve the slate of officers at the November board meeting. The members will vote at the November 19th meeting. The committee chair positions have all [been volunteered](#) for.
- ***Ongoing business**
- ***Attendance Contest.** There are still 7 members with perfect attendance. The drawing will be held at the December meeting.
- ***Volunteer Hours Log** - Please turn in your volunteer hours to Deb Heid. You can email her with your hours or sign up on the sheet at each meeting.
- ***Programs** - Nancy Carr discussed upcoming programs for the remainder of 2024 and gave a preview of programs slated for 2025
- ***Committee reports** – None reported. There was a question of details regarding the Quilts of Valor presentation that will be the program for our November meeting with Beverly Douglas outlining the general order of the meeting.
- ***Door prize drawings were done.**
- ***President's pick**-Donna Reid was recognized as winner of President's Pick for the August show and the quilt was displayed for those in attendance
- ***Show and Tell-presented by Betty Reisch**
- ***Quick break**
- ***October Speaker** Nancy Carr introduced the speaker and talk about workshop. Ellyn Zinsmeister is an award-winning quilter at Quiltcon, the national modern quilt show, for a number of years, who presented her quilts highlighting improvisational techniques
- ***Reminder** – The November meeting of Quilt of Valor presentations and election of officers is on November 19, 2024. Please come ready to do Christmas shopping with Kayleen who will be set up for boutique items sales for gift giving. Kay Thomas will be set up to accept credit cards or cash. The business meeting will take place after the QOV presentations. We will **NOT** have our usual activities-out of deference to our visiting quilt recipients. We will resume usual activities at the December meeting. News about the December meeting/party will be out to you after the November board meeting.
- ***Adjourn** – at 8:30 PM
Submitted by Chris Sizemore

Perfect Attendance

Vicky Kidd



Perfect Attendance Contest!

Beginning January 16, 2024, and ending on December 17, 2024

We're getting closer! Who will make it to perfect attendance on December 17th? These diehards are still hanging in there!

Perfect Attendance:

1. Ana Kempfer
2. Betty Reisch
3. Beverly Douglas
4. Chris Currie
5. Doris Schjelderup
6. Nancy Carr
7. Tom DeMoss

Memo From Our

President

Vicky Kidd

November 19th Meeting News!

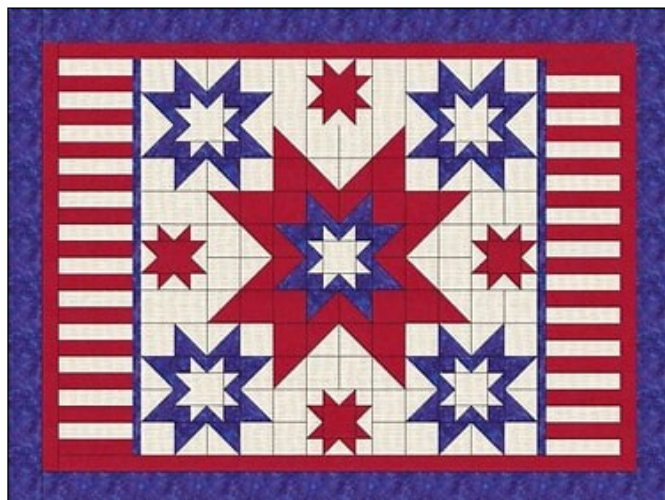
We will have our Quilt of Valor Presentations after a short welcome. Our business meeting will take place after the presentations. Among other things, we will vote for 2025 officers, so this is an important meeting.

Be sure to bring \$\$ for Christmas shopping since great items from our expo booth will be available for purchase. We will also accept credit cards. Do your Holiday shopping with us!

We will not have Show and Tell, Opportunity Table, Magazines/Books, Door prizes or any of our usual activities. This should give plenty of time for presentations, shopping, and business meeting.

If you have a November birthday, you are off the hook for snacks! The Quilt of Valor Committee will provide snacks and Linda Mac and the Linda's will bring water. (I think I just invented a new girl group! Hahahaha!)

Please come and honor our veterans as we present them with their quilts! The ceremonies are very meaningful. Plus, it is always fun to hang out together! I can't wait to see you there!



Membership

Michelle Lewis
Membership Committee
Chair

We had a great meeting in October

Attendees: 42

Zoom: 3

Visitors: 3

New Member: 0

The password for the membership section on our website has changed. It is in the back of your directory. If you don't have a directory yet, please email me and I will tell you what it is.

I will start our 2025 Membership drive in December. The new membership form will be in the December Newsletter.

Also, if you know anyone that would like to advertise in our 2025 Directory, please let me know. These ads pay for our directory.

Michelle Lewis

Membership Chairperson

My email: quiltingmichelle@gmail.com

Birthdays

Michelle Lewis



November Birthdays

Nancy Carr	11/01	Lisa Lerner	11/18
Penny Maki	11/05	Sylvia Cary	11/19
Aleta Mayrose	11/06	Norma McConaghy	11/25
Linn Jencopale	11/14		

Stay in touch with your guild!

Check out our website at

www.bearcreekquiltguild.com

If you did not receive a password after paying membership fees, please email Michelle Lewis at:

quiltingmichelle@gmail.com

817-247-0622.



Quilting Bees Info

Come explore a Bee. Friendships are made and tips are shared.

Questions? Contact Pam Roark at BC.BeeKeeper21@gmail.com

or see my phone # in the directory.

BEE NAME	MEETING DAY/TIME/LOCATION	HOW	OPEN
A Few Loose Threads	Friday/every other/9:30 Meets at: Must Love Fabric	In-Person	N
Blue Bonnet Quilters	Wed/2 nd /monthly/4:30-8:30p Meets at: Roanoke Library	In-Person	Y
Collages Plus	Thursday/1st & 3rd/1:30-4:30 Meets at: Gail Haterius' home	In-Person	Y
Fabricholics	Monday/2nd/Monthly/10:00 Meets at: Kayleen Allen's Home	In-Person	N
Pieceful Daze	<u>1st Monday 9:30</u> at St. Stephen's Episcopal Church <u>3rd Monday 9:30</u> at Richland Sewing Center	In-Person	Y
Pins & Needles	Fridays/2 nd and last monthly 12:00-8:00p Meets at: Quilters Dream	In-Person Come & Go	Y

Bear Creek Quilt Guild 2024 Programs

***Workshop Scheduled**

November 19

Quilt of Valor Presentation

December 17

Christmas Potluck & Officer Installation

SHOW and TELL

Betty Reisch



Chris Currie

Pattern and Name of Quilt: Pinwheel Panche

Quilted by: Julie Chambers

This is from McCall's Quilting, Sept/Oct. 2013. A king size quilt.



Tom DeMoss

Name of Quilt: Maple House

Quilted by: self

Pattern Name: Stars



Colleen Connor

This is a quilt of my own design and will be donated to Gatehouse



Kay Thomas

Name of Quilt: Log Cabin Illusion

Quilted by: Tom DeMoss

Fun class at Quilter's Dream



Liane Powers

Name of Quilt: Forest View

Quilted by Mona Levingston

Winter and Trees



Linda Fullhart

Hay Ride Jacket

I did slow stitching on a flannel shirt



Anne Mosher

Tamarack Jackets

These two jackets are versions of the Tamarack Jacket pattern. Anne is teaching this class at Boxcar Quilts.



Candy Frobish

Name of quilt: Voltron

Quilted by Susan Boutwell

This was made in Irene Rodnick's Improv Quilt Class



Candy Frobish

Pattern and/or Name of Quilt: Grand Turtle

Quilted by: self

I made the pattern from a photograph of my Grand turtle for my son-in-law's birthday.

BCQG President's Pic
From
August 2024 Quilt Show
Winner: Donna Reed



October Workshop

By

Ellen Zinsmeister

Improv Workshop Members of Bear Creek were treated to many techniques involving improvisational quilting at the workshop on Wednesday, Oct 16. Instructor, Ellyn Zinsmeister shared secrets, techniques and tips for this modern piecing system. The techniques are best used with scraps and small pieces which helps with stash busting. Ellyn shared lots of secrets for manipulating shapes into intricate pieced blocks. Have a look at some of the fun times and beautiful work by our members!



- 1- Rebecca
- 2- Candy
- 3- Happy Group of Improv Quilters
- 4- Vicki and some great work
- 5- Melissa shows off her progress
- 6- More improv quilting
- 7-Samples of Ellyn's work

Guild Member Side Forray To Utah Quilt Retreat

Retreat Adventures with the Kathi(y)s! I found out about another retreat opportunity last fall from another BCQG member, Joan Arciero. I decided to look into it and take the plunge, but I needed a partner in crime and roommate! My number one, Kathy Longo, took the bait and joined me! This retreat is held in northern Utah, Garden City at Bear Lake and is a picturesque, wonderful location for inspiration, creativity and friendship. Jill Finley and Margaret Broadbank, sisters who make up the magical Jillily Studios hosted 15 quilters for a 4 night, 5 day all inclusive retreat. Air fare was on the participants as well as transportation to the retreat site. Everything else was included, delicious food, all tools and fabric (pre cut!!) needed for the project and of course lodging. Lodging was a beautiful, spacious rented multiroom home that the sisters have used for a number of years for retreats and family reunions. There are multiple rooms on the ground floor and a playroom, media room and gathering spot among the bedrooms upstairs. Each bedroom was assigned a shared bathroom that was large enough for at least 4 retreaters. Jill set up a small shop for most notions, fabrics and kits. The project for this retreat is a Jillily creation, Bramble and came in two colorways. Kathy and I both chose the 'dark' edition vs the pink version. The retreat started on Tuesday evening with a short lesson after a delicious dinner of orange chicken, rice, asparagus, salad and dessert. It was homemade and exquisite! We ended the evening with a trunk show by Jill and then free sewing or off to bed! On Wednesday there were plenty of lessons for each part of the quilt, which included foundation piecing, cutting, applique and color theory. There was a good bit of sewing time between lunch of homemade tomato soup and grilled cheese and a fajitas, beans, salad and chips for dinner. We had a lovely show and tell this night, oohing and ahing over many lovely quilts, purses, table toppers and more. The diverse talents of everyone's work that they were able to bring with them was amazing! Thursday we delved into the meat and potatoes of this quilt with applique techniques and bias management. There are a jungle of vines throughout the quilt with flowers and dots. After another yummy lunch of parmesan chicken strips with two dipping sauces, chips and fruit salad it was time to learn the Jillily technique for applique stitching. AND, it was easy and quick...I just might be a convert! I'm a big fan of fast finishes, so I normally opt for machine applique, but I could be willing to give this hand sewing a shot! We were in charge of our own dinner prep, on homemade pizza crusts along with salad and garlic toast! There was a flurry of sewing going on into the evening with plenty of blocks and borders nearing finish. Making the vines and flower pieces continued as iron stations opened up. After another good night's sleep we woke fresh to move into completion of our projects. Now, completion took many different forms for each of us...I wanted all my pieced blocks done and managed to do that. Others wanted all their applique flowers, leaves and vines completed and ready for placement on the block pieces. Regardless of everyone's progress, lunch was a big treat at a nearby country/golf club in IDAHO!!! Yes, not only did I visit Utah, but I added another state to my list of those visited by having lunch in Idaho. It was yummy good and a relaxing afternoon away. The mood of the group quickly moved into packing and dividing up our purchases, kits and trinkets into our already stuffed bags for the trips home!

**Guild Member Side
Forray To Utah Quilt
Retreat (Cont)**

I had a small window of space and limits to add some goodies to my luggage and since we had an early start to Salt Lake City in the morning, it needed to be done on Friday night! We had a few photo moments and a late night dinner of sausage & potato soup with fresh bread and a choice of any of the desserts we'd been served all week. Most of us were still full from lunch and this dinner was the perfect end to the night and our week.

We were the first group to leave at 7:45 am on Saturday and get ourselves to the Salt Lake City airport for our flight home. We arrived in plenty of time, checked our stuffed bags (no overweight fees!) and had a nice bite to eat while we waited for boarding. Of course I have a few more retreats coming up where I'll have the chance to work on this quilt and a few others, but it was a wonderfully, out of the box opportunity for me to learn another skill and hopefully complete a lovely quilt. Jill Finley is a terrific teacher, lovely woman, generous with her quilting spirit and it was an honor and thrill to learn from her. I hope she will be a guest speaker and workshop presenter to our Guild in the coming months...hopefully in 2026. You will love her and her technique.



- #1 Retreaters with samples of our work
- #2 Group Shot
- #3 One small block of the quilt
- #4 Dynamic Duo

Community Services

Deb Heid

I want to say thank you to everyone who submitted their volunteer hours. Not only is it important to track our volunteer hours but the hours we spend with our peers.

We will have sign up logs at every meeting for you to record and submit your volunteer hours.

QUILT OF VALOR RECIPIENT FORM

Thank you for referring a veteran for a Quilt of Valor. Bear Creek Quilt Guild awards Quilts of Valor every November at the regular meeting. The following is information needed by the Quilt of Valor Committee prior to awarding a quilt.

HAS RECIPIENT EVER RECEIVED A QUILT OF VALOR? IF YES, THEY ARE NOT ALLOWED ANOTHER.

DOES RECIPIENT WISH TO HAVE A QUILT OF VALOR? IF NO, SEE BELOW**

NAME _____ BRANCH OF SERVICE _____

HIGHEST RANK _____ SERVICE DATES _____

DUTY STATIONS _____

OCCUPATION _____

AWARDS/COMMENDATIONS RECEIVED ----- _____ -----

WHAT DID RECIPIENT DO AFTER SERVING? OCCUPATION? MARRIED? CHILDREN? HOBBIES? LOCATION?

WILL RECIPIENT BE ABLE TO ATTEND THE NOVEMBER CEREMONY? _____

YOUR NAME AND CONTACT INFO _____

**Some veterans refuse a quilt because they don't want something patriotic. For those veterans, the Quilt of Valor Committee has made non-patriotic themed quilts. Please let your recipient know if this is an issue. Be sure to let the Committee know if this is the case so they can be prepared.

Bear Creek Quilt Guild 2024 Directory Advertising Form

ADVERTISING RATES FOR DIRECTORY

_____	Full Page	5 ½ X 8 ½	\$100.00
_____	Inside Front	5 ½ X 8 ½	\$125.00
_____	Inside Back	5 ½ X 8 ½	\$125.00
_____	Back Cover	5 ½ X 8 ½	\$125.00
_____	Half Page	5 ½ X 4 ¼	\$ 50.00
_____	Quarter Page	5 ½ X 2 ½	\$ 25.00

Please Note:

Provide a PDF or JPEG file
All ads are black/white
Payment due with application
Cash/Check - Payable to Bear Creek Quilt Guild
Directory valid March 2024 – March 2025

Please Print

Name: _____

Company: _____

Phone Number: _____

Email: _____

BCQG Member who took the ad: _____

Please contact Michelle Lewis with questions. Ads can be mailed to the address shown below:

Michelle Lewis
116 Eagle Moor Ln
Weatherford, TX 76087
817-247-0622
quiltingmichelle@gmail.com



Members in the News

If you, or your quilt, has made news recently, email a picture of you and the quilt to

dode65@myyahoo.com

Bee News

If you have an activity or picture for "Bee News", send to Pam Roark BC.BeeKeeper21@gmail.com

Contact Pam if you are interested in joining or starting a Bee.

NEWSLETTER

Deadline for the newsletter is
the 25th of the month.

Please send all articles worded as you would like them printed to Doris Schjelderup

dode65@myyahoo.com

ADVERTISEMENT RATES

Advertisements may be submitted electronically or by camera-ready art on or before the 25th of each month. Advertisements must be paid in advance. If you are interested, please contact via phone, email or mail:

Doris Schjelderup
9541 Bewley Dr.
Keller, Texas 76244
616-645-0478 (mobile)
dode65@myyahoo.com

Size	1 month	3 months	6 months
Business Card	\$ 7.00	\$ 20.00	\$ 40.00
1/4 page	14.00	40.00	80.00
1/2 page	28.00	80.00	160.00

BCQG WEBSITE

www.bearcreekquiltguild.com

BCQG OFFICERS 2024

President	Vicky Kidd	806-674-8098
1st Vice President	Nancy Carr	817-995-7991
2nd Vice President	Beverly Douglas	813-838-6533
Secretary	Chris Sizemore	678-485-1070
	Pam Roark	See email
Treasurer	Kay Thomas	214-228-8032
Past President	Kathi Runyan	817-488-7577

COMMITTEE CHAIRS 2024

Beekeeper	Pam Roark BC.beekeeper21@gmail.com	See email
Communications	Angela Hoss	469-371-2091
Community Service	Debra Heid	817-600-1229
Hospitality	Executive Board	
Magazine Swap	Angela Hoss	469-371-2091
Membership	Michelle Lewis	817-247-0622
	Kay Thomas	214-228-8032
	Aleta Mayrose	682-429-8351
New Member Liaison	JoAnne Sheppard	817-673-9483
Newsletter	Doris Schjelderup	661-645-0478
Opportunity Table	Doris Schjelderup	817-562-1741
Outings/Retreats	Mona Levingston	817-235-9188
Quilts of Valor	Beverly Douglas	813-838-6533
Show & Tell	Betty Reisch	817-296-5931
Sunshine & Shadows	Linda McKinney	817-584-2397
Webmaster	Mary Nalley	817-937-4356
Workshops	Nancy Carr	817-995-7991
	Kathi Runyan	817-422-4931